



Lam Facial Plastics Surgery Center

SMP POST-TREATMENT CARE INSTRUCTIONS

For the first 7 to 10 days

- Do not touch the healing pigmented area with your soiled fingers since they may have bacteria on them and create an infection. You can touch your scalp only with clean and washed fingers.
- Apply your favorite antibiotic ointment, Aquaphor or Vaseline, 3 to 5 times daily until the procedure area has healed. Always use a clean cotton swab and not your fingertips.
- No make-up, moisturizers, soap, sun, sauna, Jacuzzi, swimming in chlorine pools or in recreational bodies of water, contact with animals, gardening for 7 to 10 days after each procedure (until area is completely healed) and after all touch-up treatments.
- Do not allow the force of the shower head to directly hit the treated area. Rather splash water on the scalp to cleanse it.
- Do not rub or traumatize the procedure area while it is healing (pigment may be accidentally removed).
- You may not shave your head again until after 7 days.
- If you experience any itching, swelling, blistering or any other complications post-procedure, stop using the product causing this problem and call us immediately. You may be allergic to the after-care product you are using!
- If you have excessive redness, swelling, tenderness, elevated temperature, or purulent drainage from the procedure site, contact your physician as the area may be infected and you may need to seek medical care. Failure to follow these instructions may result in pigment color loss!
- Hair piece – refrain from wearing hair piece for 2 to 3 days after the treatment.

Thereafter...

- Use a “total sun block” after the procedure area has healed to prevent future fading of pigment color when exposed to the sun.
- Do not use products that contain AHAs on the procedure area. (Examples: Glycolic, Lactic Acids. Always check your product labeling). It will fade your pigment color.
- If you are a blood donor, you may not give blood for 1 year following your Permanent Make-up application (per Red Cross).

Your scalp micro pigmentation (SMP) treatment is a multi-step treatment. To achieve the final result, you may need 2 to 4 treatments and possibly one touch-up session. The visits should be scheduled at 30 to 45 day intervals. Results cannot be determined until your scalp heals after each treatment and the pigment applications are completed.

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Thank you for choosing our office for your aesthetic journey. If you have any questions or concerns, please notify us immediately.

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