

Lam Facial Plastic Surgery Center

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INSTRUCTIONS FOR PLATELET RICH PLASMA & ACELL PROCEDURE

In preparation for your Platelet Rich Plasma (PRP) and ACell procedure you need to wash your hair with Chlorohexidine (Hibiclens) the morning of your procedure ONLY. This antimicrobial cleanser/shampoo is either provided to you during your pre-procedure visit or purchased by you, as it is sold over the counter.

Following your PRP procedure, please do not touch your scalp for 6 hours. You can wear a hat immediately after the procedure; just make sure it is clean.

You may experience tenderness of your scalp for 24 to 72 hours. You may take Ibuprofen (Advil or Motrin) or Acetaminophen (Tylenol) as needed. You could also experience some swelling of your forehead and eyelids. This swelling may show up 1 to 3 days post-procedure and last 2 to 3 days.

You will be required to skip washing your hair for 12 hours and then you can wash your hair following your regular routine, using your regular shampoo.

You can resume your physical activities within 24 hours.

During a period of 2 to 6 weeks after your PRP and ACell procedure you may experience short-term hair shedding; and, accordingly, your hair may temporarily look thinner. This is an expected phenomenon that means the hair that is weak sheds in order to allow a new, healthier hair to start growing back in about 2 to 3 months post-procedure.

If you should have any questions, please do not hesitate to contact us at (972) 312-8188 or email at emina@hairtx.com