



Lam Facial Plastics Surgery Center

SMP PRE-TREATMENT CARE INSTRUCTIONS

Following these guidelines will help ensure that you have prepared your scalp as best as possible to receive the optimal results. Thank you for choosing our office for your aesthetic journey. If you have any questions or concerns, please notify us immediately.

For one week prior to your SMP treatment

- Wash your scalp with a non-abrasive, gentle shampoo (i.e., stop any medicated shampoos) for the entire week prior to your procedure.
- After washing the scalp, moisturize your skin with an aloe-based moisturizer containing limited ingredients in order to keep your skin hydrated. Doing so will allow the ink to be properly absorbed.
- Refrain from sun tanning to avoid burning and peeling of your skin.
- Hair Piece – Please do not wear your hair piece at least 5 to 7 days prior to your scheduled procedure, as wearing a hair piece may limit oxygen flow to the scalp and the ink may not be fully absorbed into the follicle. You will be able to resume wearing your hair piece 2 to 3 days after your SMP procedure.

One day prior to your SMP treatment

- Focus on relaxing and getting a good night's rest before your procedure.
- Eat a hearty meal and avoid caffeine the day of your procedure.
- You may bring a clean hat to loosely cover your head after the treatment, if so desired.
- Please do not use a razor on your scalp within 24 hours of the scheduled procedure. It is critical that we see all native hair in order to properly blend the hair follicles.

Your scalp micro pigmentation (SMP) treatment is a multi-step treatment. To achieve the final result, you may need 2 to 4 treatments and possibly one touch-up session.

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The visits should be scheduled at approximately 30 to 45 day intervals. Results cannot be determined until your scalp heals after each treatment and the pigment applications are completed. The treatment discomfort is minimal but if you should have higher sensitivity to pain, topical numbing is available by request.

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