

Directions for USE and CARE of Hair Formula

APPLICATION

- a. Apply to thinning areas **once daily, preferably in the evenings. You should use approximately 60 drops** each application and go through **1 bottle of formula per week**, which should help you track your weekly usage. If your hair is buzzed or your thinning area is small, you may apply 30 drops twice a day. For easy tracking, write on the bottle the day of the week you opened the bottle.
- b. To apply the hair formula to your **dry scalp**, run the tip of the bottle over your scalp and gently squeeze to release the product. Part your hair in several places for easier access to your scalp. You may gently spread the medication with your fingers but make sure to wash your hands afterwards. After the application of medication, **DO NOT** fast dry it with blow dryer or rub/ massage vigorously. Allow the formula to absorb **(15-20 minutes)** before going to bed or applying any other hair product. Allow the formula to fully penetrate the scalp (3-4 hours) before doing any athletic activities, swim, and use sauna or shower.
- c. Please note that upon starting or re-starting your hair formula, a temporary period of increased daily shedding may occur for up to 10 weeks. This is usually a sign that the treatment is having the desired positive effect on the hair follicles. **DO NOT** discontinue the medication. It is normal to have some redness of the scalp after the application. If you should notice irritation and/or itching, please contact our office.

HAIR TREATMENTS

- a. **Hair coloring or perm treatments-** Avoid using medication for **2 days before and 2 days after** chemical coloring or perming treatments (total of 5 days).
- b. **Hair Fibers** - Clean all the fibers off of your scalp before applying the medication. If applying fibers after the hair formula make sure the product dries on your scalp first.
- c. **Laser therapy** – Use laser *before* applying your medication. Do not use laser on wet hair.

STORAGE AND ORDERING

- a. Keep the bottles in a dry place. Do not allow water or moisture to enter the bottle. If your medication gets compromised it could crystalize and potentially lose its effectiveness. If crystallization happens, please contact the pharmacy.
- b. Hair formula is prescribed every 6 months (2-month supply with 2 refills). Each shipment contains 8 bottles. First shipment should arrive within 7-10 days from the time your prescription is submitted. Every 6 months we will follow up with you to monitor your progress and re-issue a prescription. For your convenience and track your package, register with UPS at www.ups.com
- c. **TO ORDER YOUR MEDICATION** call AnazaoHealth 1-800-995-4363 (**option 8**) or log into myAnazao portal (for returning patients)
- d. **FOR REFILL YOUR MEDICATION**
 - Call 1-800-995-4363 **option 8** (If you are calling for refill, then enter Rx number listed on the bottom left corner on your bottle label)
 - You are responsible to contact the pharmacy when you need refills. We recommend that you do so when you are down to 2-3 bottles.